## **Brant County Cross Country Meet**

**Date:** Tuesday, Oct. 24<sup>th</sup> (Cancellation Date: Wed. Oct 25<sup>th</sup>) Please email Karen Vitalis the name (first name and last initial) and the race that the runner will be participating in. Please submit all names **no later** than **Tuesday**, **October 17**, **2023**, to <u>kvitalis@bhncdsb.ca</u>

Venue – Mohawk Park
Time – Full Day Event from 10:00 am to 2:00 pm
Division – Grade 4, Grades 5 and 6, and Grades 7 and 8

Please be at Mohawk Park by **9:45 a.m**. Each race will start and finish on the soccer field beside the upper parking lot.

## **Time of each race** – approximate starting times:

Sr. Girls – 10:00 a.m. Sr. Boys – 10:30 a.m. Jr. Girls – 11:00 a.m. Jr. Boys – 11:30 a.m. Gr. 4 Girls – 12:00 p.m. Gr. 4 Boys – 12:30 p.m Awards to follow – estimated time to leave the park – 1:30 – 2:00

## Distances

**Grade 4** – 1.2 km (1 lap) **Grades 5 and 6** – 2.4 km (2 laps) **Grades 7 and 8** – 2.8km (2 laps)

## Age Requirements:

Gr. 4 Division – 2014 Junior Division (Grades 5 and 6) – 2013, 2012, Senior Division (Grades 7 and 8) – 2011, 2010

**Individual Awards** – individual awards will be given to the top 3 runners (gold, silver, bronze) in each division (gr. 4 boy, gr. 4 girl, junior boy, junior girl, senior boy, senior girl)

**Team Awards** – teams this year will consist of 6 runners – top senior boy, top senior girl, top junior boy and top junior girl, top gr. 4 boy, top grade 4 girl. The top 3 teams will be determined by the combined fastest times. A banner will be given to each of the top 3 teams this year. No medals will be handed out.

**Race Results** at https://chiptimeresults.com/race-results/ Last Years Results –<u>2022 Race Results</u>