



REGIONAL CATHOLIC PARENT INVOLVEMENT COMMITTEE MEETING
Wednesday, May 25th, 2022 – 6:30 p.m.
YouTube Live Virtual Meeting

Members: Carol Luciani (Trustee), Robert De Rubeis (Superintendent of Education), Marcia DeDominicis (Principal Lead), All Principals, All Parent Council Chairs

Guests: Paul Davis, Social Network Safety

1. Opening Prayer

Marie Teskey led the attendees in an opening prayer.

2. Land Acknowledgement

Melodie Spencer provided the land acknowledgement by recognizing the Indigenous land on which we gather and the importance of the One Dish, One Spoon Treaty.

3. Welcome and Opening Comments

Superintendent De Rubeis welcomed all attendees to the meeting. He briefly introduced the special guest presenter Paul Davis and his presentation on social networking awareness for parents, specifically regarding social media, cyberbullying, smart phones, image sharing, privacy and digital trails.

4. Approval of Agenda – May 25th, 2022

Moved by: Melodie Spencer

Seconded by: Marie Teskey

THAT the RCPIC approves the agenda of the May 25, 2022, meeting.

Carried

5. Declaration of Interest - Nil

6. Approval of the Minutes – April 27th, 2022

Moved by: Marcia DeDominicis

Seconded by: Melodie Spencer

THAT the RCPIC approves the minutes of the April 27th, 2022, meeting.

Carried



7. Update from the Co-Chairs

RCPIC Co-Chairs Marie Teskey & Melodie Spencer welcomed the attendees to the meeting and thanked the guest speaker for joining the meeting. Melodie noted that the RCPIC Chairs will be sending a survey to all parent council chairs to begin planning topics/content/discussions for meetings in the next academic year. They welcome the possibility of meeting again in person. Superintendent De Rubeis noted that meeting dates for the next academic year will be sent shortly.

8. OAPCE Update

Stéphane Rouleau reported that

9. Social Networking Session for Parents – Social Media, Cyberbullying, Smart Phones, Image Sharing, Privacy and Digital Trails

9.1 Introduction of Paul Davis

Marie Teskey welcomed Paul Davis to the meeting and provided a brief overview of his speaking engagements with the Board and throughout the country.

9.2 Presentation – Online Safety: Generation Alpha

Paul Davis updated guests on the following key points for his presentation:

- Parents must understand the risks of using technology which will help children use technology safely – foundation and common sense of technology is “parenting”
- Common sense 101 no devices in your child’s bedroom – should be used in common spaces for proper guidance
- Respect rules that are given to us – some platforms have age restrictions that we should abide by
- Too much too soon – too much information in students’ hands at a young age is a problem
- No smartphone until grade 8, no technology in bedroom, no social media until grade 7-8
- “No” is a positive tech-parenting term – this will help with student addiction to a device and accessing explicit or dangerous content
- Grade 4/5/6 – 60% are on apps they are too young to use; 40% have a smartphone; 80% use technology in bedroom (*statistics - last ten schools in person ending May 24th)
- Screentime rule – 33/33/33 ie. average screen time per day broken up into third on screen, third to watch tv/play a game, third to coding/app development/etc.
- Best time to get a smartphone – middle-to-end of grade 8; before that age, provide a flip phone
- The top distraction and invasion of privacy is a smartphone – recommend getting a phone locker so that students do not use a smartphone in class, recess, locker rooms, lunch table
- Texting is not necessary for young students – use a platform such as Skype (can be used on a phone, tablet, or device)
- NetLingo.com and Emojipedia are good sites to go to learn student lingo and language to understand texts and symbols



- Cyberbullying, parents to report but do not get involved – do not respond to child, do not respond to parents, document, and support the next day (could include speaking with principal or police (if necessary))
- Cyberbullying – Print/Report to someone you trust, do not contact other parent, show respect, and have no fear of speaking out
- Children can be criminally charged as young as 12 years old under the Criminal Code related harassment, libel/slander, threats, etc.
- Respect the rules of apps and social media platforms - the internet never forgets
- Recommended to use Tik Tok no younger than 15 – note that data storage is out of country and data mining exists - an invasive app with a strong algorithm
- Must be 13 to use and upload videos to YouTube and must turn off comments and children under 10 should use YouTube kids
- ESRB.org for age requirements and appropriate content for video games – do not allow to video game in bedroom – set a firm time limit
- Friends are not found and made online
- Roblox and Minecraft – pay for a private server (allows greater safety and limited access and friend invitations), do not allow to play on free server
- Sharing photos of children “sharenting” – use private account, share with real human contacts, ask the kids permission, scrape data, no not geo-locate photo, tag a username, no #hashtags needed in a private account
- Scraping data for parents & teachers – take a screenshot of a photo, do not upload original, reduce photo to under 640 x 480 resolution to prevent recreation/printing (still appears clear on social media)
- Positivity of technology:
 - i. Coding - creative, develops critical thinking
 - ii. Learning Apps – math, languages, learn to type (www.typing.com/ www.nitrotype.com)
 - iii. Blogs – create a website to share knowledge (no commenting, liking, personal content to post ie. www.pauldavis.club)
- 3 Rules for Parents
 - i. Rules/guidelines/consequences
 - ii. Relationship/ transparency
 - iii. Technology to assist
- In next 24 hours – remove technology from bedroom, develop rules around technology
- Requests for extra resources and questions can be sent via email paul@pauldavis.life or www.socialnetworkingsafety.net

9.3 Thank You

Melodie Spencer thanked Paul Davis for his presentation and invited questions to be sent via email.

10. Closing Remarks/Adjournment

Robert De Rubeis