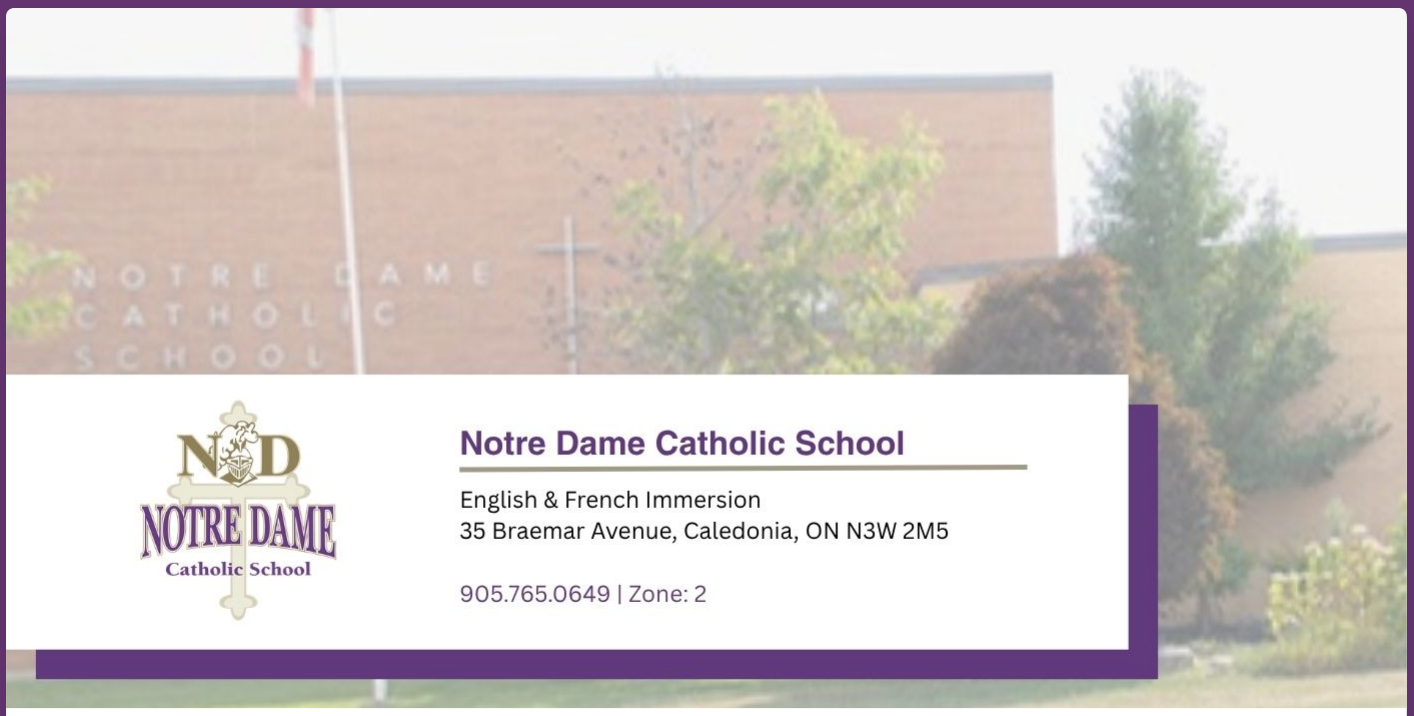


Notre Dame Catholic School

English & French Immersion
35 Braemar Avenue, Caledonia, ON N3W 2M5

905.765.0649 | Zone: 2

November 2026 Newsletter

Let Us Pray

As we enter the month of November, we thank You for the gifts of learning, friendship, and community. Help us to be grateful for each day, to show kindness to others, and to share Your love in all that we do. Bless our school and guide us throughout this month.

Amen.

Principal's Message



Dear Families,

As we move into November, we are reminded of the importance of gratitude, kindness, and reflection. The month provides many opportunities for learning, community building, and recognizing the contributions of others. We look forward to commemorating Remembrance Day and reflecting on the sacrifices made for the freedoms we enjoy today.

The mornings are cooler these days, and we encourage families to send students dressed appropriately for outdoor recess. Fresh air and active play remain an important part of each school

day. Please remember to label all your child's belongings as the Lost and Found table is already filled and we are working on filling another one.

This month, our school family will focus on Teamwork and Collaboration. We will be looking for students to work together to achieve common goals, listen to others and share ideas openly. We want students to encourage each other and work as a team to overcome challenges.

Progress Reports will be sent home electronically and a paper copy on November 9th. We encourage you to review your child's progress carefully and celebrate their successes while discussing goals for continued growth. We look forward to seeing you at Parent Educator Interviews on the evening of the 19th and morning of the 20th. More information forthcoming with how to book your interview.

Thank you for your continued partnership in supporting student success. May God's blessings be with you and your family throughout this November.

Sincerely,
H. Graham, Principal

School Bell Times

- **School Starts: 8:55 a.m.**
- **First Nutrition Break: 10:35 a.m. - 11:15 a.m.**
- **Second Nutrition Break: 12:55 p.m. - 1:35 p.m.**
- **School Dismissal: 3:15 p.m.**

Supervision Before and After School Hours

Supervision at the school begins each day at 8:40am. We ask that no child be dropped off or walk to school before that time.

The end of the day dismissal bell is 3:15pm. **All walkers at the end of the day are asked to leave school property promptly**. The only students permitted on school grounds after school hours on a school day are those who are under the supervision of the school care program. The school yard is not to be used as a gathering place/play park by our school families until after 6:00pm each school day.

We appreciate your understanding and attention to this important request.

Safe Arrival Reminder

If your child will be absent, late for school, or has an early departure please use the SafeArrival system to communicate this change to the school office.

You have 3 options to report an absence:

- Download the mobile app;
- Use the website (https://home.schoolmessenger.ca)
- Or call the toll free number: 1-844-445-4381

The Road to Kindergarten

Event is at

Notre Dame Catholic Elementary School
35 Braemar Avenue, Caledonia



For Our NEW to School Kindergarten Friends

Starting in September 2027

November 10th ~ 4pm to 8pm

Important Dates in November

Pizza Days: November 6, 13, 19 & 27
Subway Days: November 3 & 17
Popcorn Days: November 4, 11, 18 & 25

Panzeroli Day: November 10
Ms. Martin's Kitchen: November 24



November 4: S.A.C. Meeting at 6:30pm (in person & virtual)
November 7: Grade 8 Confirmation at St. Patrick's Church ~ 2:00pm
November 9: Photo Retake Day; Progress Reports sent digitally & paper format
November 10: The Road to Kindergarten Event for our NEW Kindergartens starting September 2027
November 18: Farm to Table Student Eggs-perience for 1,1/2F & 1/2, 2/3E
November 19: Parent/Teacher Interviews 4:00pm to 7:00pm
November 20: PA Day; Parent/Teacher Interviews 8:50am to 11:30am
November 22: Communion Enrolment Ceremony at St. Patrick's Church ~ 10:30am
November 23: Immunization Clinic (Dose #1) for Grade 7 (& Gr 8 students who missed out)
November 26: JR Basketball Tournament (Rain Date: December 1st)

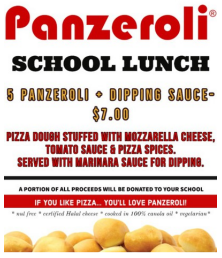
School Cash Online Food Items Available November 1st for December Distribution (Deadline to Order: Nov. 23rd)

Pizza Days in December

Starting November 1st School Cash Online to accept orders for the December Pizza Days. DEADLINE to Order: November 23rd (no extensions to be provided)
PIZZA DAYS IN DECEMBER: December 4, 11 & 18

Subway Days in December

Starting November 1st School Cash Online to accept orders for the December Subway Days. DEADLINE to Order: November 23rd (no extensions to be provided)
SUBWAY DAYS IN DECEMBER: December 1 & 15



Panzeroli Day in December

Starting November 1st School Cash Online to accept orders for the December Panzeroli Day. DEADLINE to Order: November 23rd (no extensions to be provided)

PANZEROLI DAY IN DECEMBER: December 8

Popcorn Days in December & January

Starting November 1st School Cash Online to accept orders for the December and January Popcorn Days. DEADLINE to Order: November 23rd (no extensions to be provided)

POPCORN DAYS IN DECEMBER: 2, 9 & 16

POPCORN DAYS IN JANUARY: 6, 13, 20 & 27

School News

Progress Reports



Progress reports will be sent digitally and in paper format on Monday, Nov. 9th. Please ensure the school has been updated with any email address change for the digital distribution.
This is a great opportunity to review the report with your child. A perfect time to have a conversation with your child about their current progress before speaking to their teacher about their report.
Parent/Teacher interviews will be held on Nov. 19th (4-7pm) and on Nov. 20th (8:50am-11:30am). An online Booking tool to schedule an interview with your child's teacher will be used again this year. *The link to teacher calendars will be made available to parents on Nov. 10th. Watch your email for the shared link.



Cell Phones at School

A friendly reminder to all families that student cell phones should be turned off or silenced and kept stored away while on school property unless their use has been directed by a staff member for learning purposes.

Students are expected to keep their cell phones put away throughout the entire school day and should not take them out until they have **left** school property at dismissal. Keeping phones stored away helps students stay focused on learning, build positive peer relationships, and maintain a safe and respectful school environment.

We appreciate your support reviewing the cell phone expectations with your child.

Intermediate Flag Football Tournament



We want to congratulate the intermediate boys & girls flag football team for giving it their all at this year's tournament on October 28th. Thank you to the coaches: Mr. Mowat and Mr. Lee.

The 2026 Flag Football Team

Mason A * Ruby * Malaika * Lailah * Nevaeh * Grayson * Nicholas * Chloe * Lorelei * Isra'el * Jackson B * Lyla * Eliana * Alieda

Lost & Found Items

We have a large number of items on our Lost and Found table. These items will be on display outside of the office during Parent/Teacher Interviews (November 19th and November 20th). Please stop by and claim any items that may belong to your child.

Dress for the Weather



The cold weather is coming. Ensure your child(ren) are prepared for outdoor free time. Send them to school with a winter coat, snow pants, boots, hat, mittens, scarf, indoor shoes, etc.
EVERY child should have a change of clothes at school.

S.A.C. News

Croc Charms for Sale

Just in time for Christmas! Great stocking stuffer for all ages. Purchase your Notre Dame School croc charm (Christmas tree charm is not available; used for the photo only) through School Cash Online before the deadline (November 30th). $5 per charm. Purchased charms will be sent home with your child in a sealed envelope before Christmas (date to be determined). If you would like alternate arrangements to be followed for distribution please email cwoods@bhncdsb.ca.

LIMITED QUANTITIES AVAILABLE



Grand Erie Public Health

Immunization Clinics for Grade 7:

- November 23, 2026 (Dose#1)
- May 25, 2027 (Dose#2)

Dental & Vision Screening: March 2, 2026

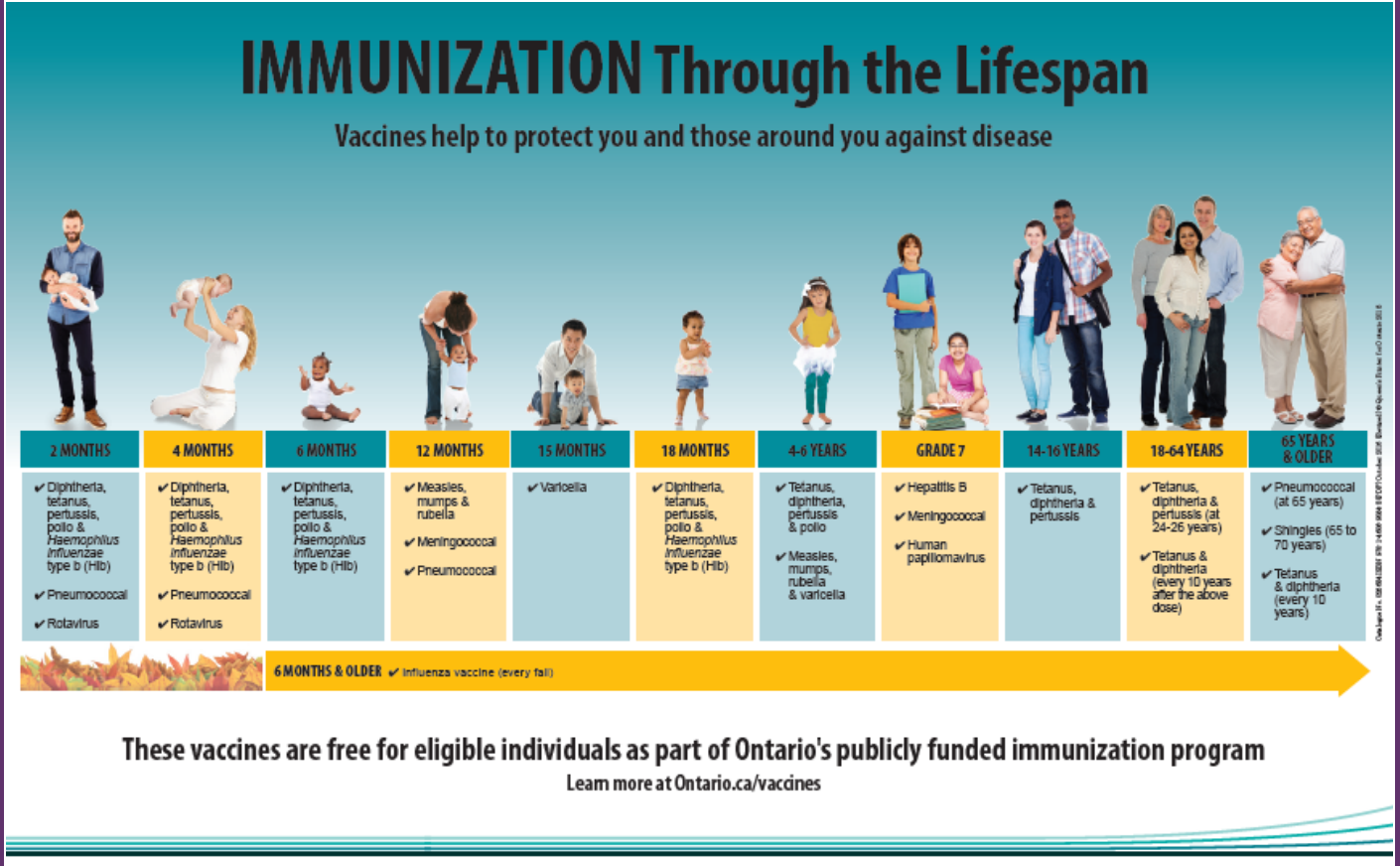
Grade 7 Immunization Clinics

*Available also to those Grade 8 students who missed receiving them last year.

PDF **Grade 7-8 Vaccine Fact Sheet FAQ - FINAL.pdf** Download 2.6 MB

PDF **FINAL - 2026 Gr 7 Parent Communication.pdf** Download 421.9 KB

PDF **FINAL - 2026 Gr 8 Parent Communication.pdf** Download 479.5 KB



Helpful Tips ~ Head Lice

Head lice is common among school aged children, and having them does not mean your child is unclean. Head lice are tiny bugs that live on the scalp and lay eggs called nits. An itchy scalp and frequent head scratching are common signs of lice. Lice spread easily by direct head-to-head contact, and by sharing items like hats, helmets, and hairbrushes. They can't jump, fly, swim, or live on pets.

If your child has head lice, tell the school and anyone they've been in close contact with. Children with head lice should be treated and can attend school. Lice shampoo products are the best way to get rid of them. Your pharmacist or doctor can help you choose a treatment. Treatment is covered under OHIP+ with a valid prescription.

Children with head lice do not need to be kept home from school or childcare. Refer to your school board policies for further information.

For more information, visit: www.caringforkids.cps.ca/handouts/head_lice

Healthy Digital Habits for Families

7 Tips for Balance and Boundaries

Technology helps us learn, create, connect, and have fun. Using it with healthy boundaries and making time for life offline helps us stay balanced.

1 Take regular screen breaks
Give your eyes and brain a rest by putting your phone down, stretching, or moving around.

2 Keep screens out of bed
Put devices away before bedtime to get a good night's sleep and help your brain relax.

3 Use technology with a purpose
Decide what you want to do and why before you reach for a device. Avoid scrolling for no reason.

4 Notice how technology makes you feel
If you're stressed, frustrated, or overwhelmed, it might be time to take a break.

5 Be present with the people around you
Put your device away during meals, in social settings, and family time.

6 Set healthy screen limits
Work with your family to decide when and where it's appropriate to use screens.

7 Life happens offline too
Some of the best memories are made by spending time with friends and family, trying new things, and enjoying the world around you.

Start a family conversation:

- What screen-free activities help you feel happy, relaxed, or recharged?
- How do you know when it might be time to take a break from your device?
- What are some times or places where putting our phones or tablets away makes sense?
- How can our family work together to create healthy screen habits?

K-12 Cyber Awareness Month 2026 — Think Safe. Share Safe. Stay Safe Together.

For more information: www.K-12CyberAwareON.ca

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ECNO Technology Leadership for Ontario's School Boards

Funded by: Ontario

St. Patrick's Church News

Priest: Fr. John Pinto
Secretary: Mary Ann Wijayapura

107 Orkney Street E., Caledonia
(905) 765-2729

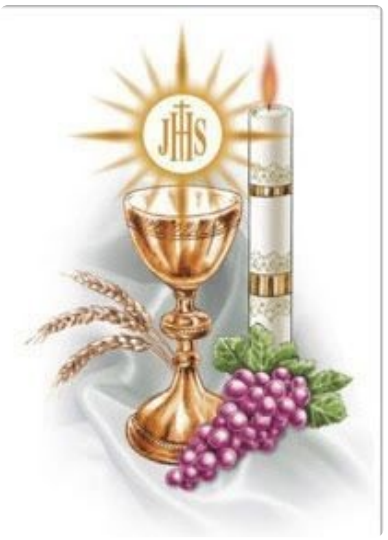
The Sacrament of Confirmation for our Grade 8 Students

Date: Saturday, November 7th

Time: 2:00pm



Sacrament of First Communion ENROLMENT CEREMONY for our Grade 2 Students



The Enrolment Ceremony is scheduled on:

Date: Sunday, November 22nd

Time: 10:30am Mass



A Message From Father John

1. All Saints Day – Sunday, November 1

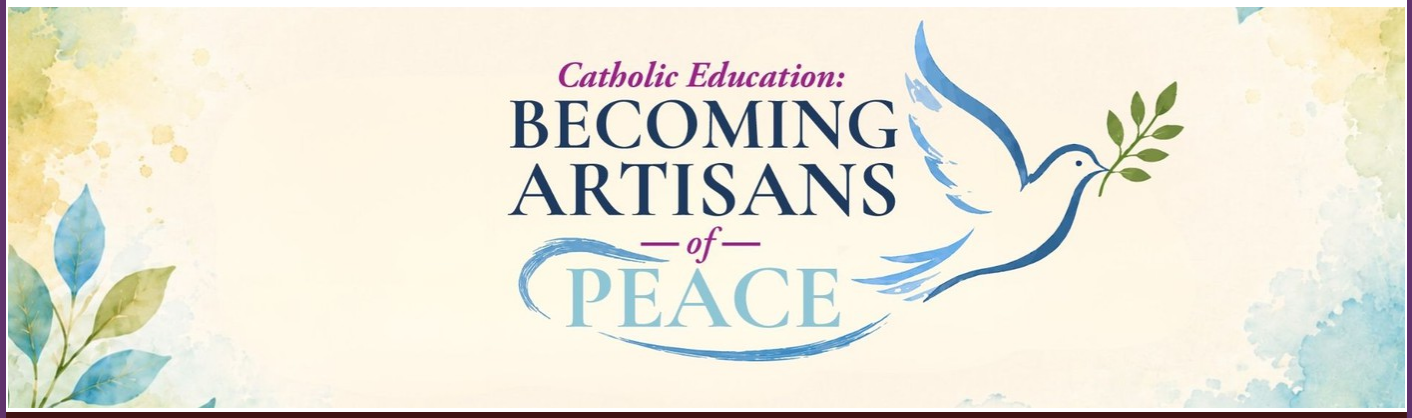
Students are warmly invited to attend the 10:30 a.m. Mass and are welcome to dress as their favourite Saint. This mass will be followed by a children's party.

2. Altar Server Ministry

We invite all students who have received their First Holy Communion to consider joining our Altar Server Ministry and serving at Mass.

3. St. Patrick's Parish Youth Group – Registration Open

Registration is now open for the St. Patrick's Parish Youth Group. Students in Grades 6–8 are welcome and encouraged to join.



A school of BHNCDSB